





### ORTHOPTICS

Rachel McKay Head of Profession-Orthoptics NHSL



a alamy stock photo



## British and Irish Orthoptic Society

- Founded in 1937 by Professor Brady
- Member of the AHP Federation Group which is made up of 12 bodies representing more than 158,000 workers in the UK
- Member of the International Orthoptic Association





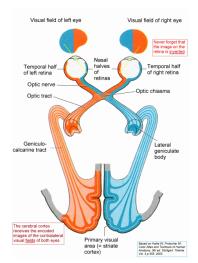
## Registered AHP regulated by HCPC



#### **Attributes**



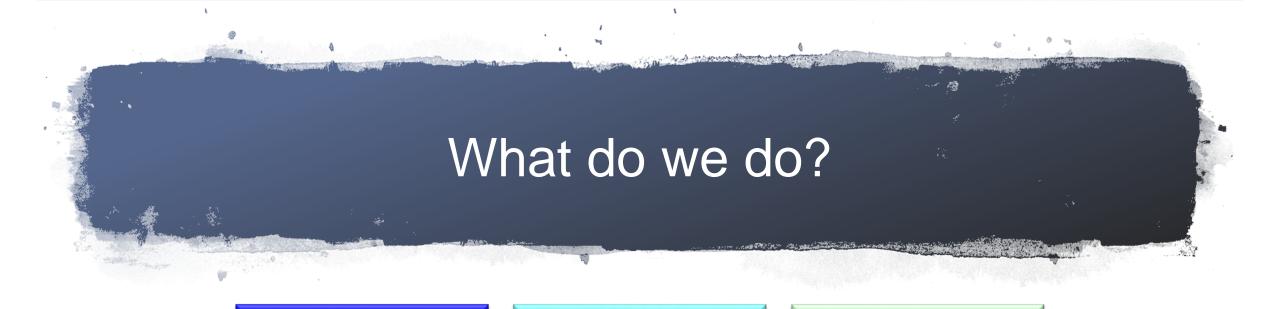
Good interpersonal skills



Interest in science subjects



Enjoy working with children and the elderly



Assess, diagnose, treat and monitor a variety of eye disorders

Work autonomously and as part of the eyecare team

Many work in multiprofessional health, education, or social care teams



We are experts in how the eyes move and work together

function, particularly in children and those with communication difficulties





#### We can:



Identify signs which indicate life threatening conditions such as discrete and subtle eye movement disorders in brain tumours, diabetes and those at risk of stroke

Assess

Assess, diagnose treat and monitor visual impairment associated with long term conditions including MS, glaucoma, cardiovascular disease, special educational needs and learning disabilities

**Treat** 

Treat double vision, give eye exercises and compensatory strategies, advice to patients recovering from traumatic brain injury, ocular trauma, stroke and those who have fallen

### All orthoptists see patients presenting with:

Amblyopia

Strabismus

Diplopia

Blurred vision

Refractive errors

**Ptosis** 

Nystagmus

Ocular head postures







- GCU: BBBBC including English and 2 sciences, National 5 maths at B essential
- Liverpool: Highers BBBBB
- Sheffield: Highers AABBB

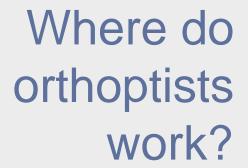


# About the course and employment



- Combination of academic study and clinical placements
- 4 year course in Scotland and 3 years in England
- There is demand for Orthoptists so high employment rates
- The roles are expanding with opportunities to perform different extended roles particularly in view of aging population
- Salaries; Band 5 £26104 to Band 9 £103358







Most of us in the UK are employed by the NHS and work in:

- Hospitals (in patients, out patients and theatre)
- Community clinics
- Rehab centres
- Special schools and child development centres
- Mainstream schools







- Offering preventative programmes such as vision screening and falls prevention
- Educating patients in healthy lifestyle choices to improve outcomes:
- Smoking cessation in patients with thyroid dysfunction
- Dietary choices with patients with diabetes
- Alcohol reduction advice in patients at risk of stroke
- Promoting sight tests for those at risk of stroke



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